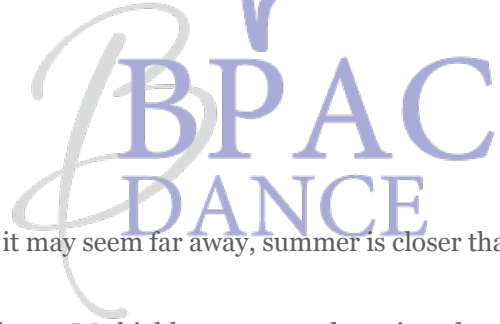


The Ballet & Performing Arts Centre  
5365 Robinhood Road, Suite E  
Winston-Salem, NC 27106  
336-923-2585  
[balletandperformingartscentre@gmail.com](mailto:balletandperformingartscentre@gmail.com)

*Celebrating 26 Years!*



March 19, 2021

Dear Parents and Students,

We're excited to announce our 2021 summer programs, and although it may seem far away, summer is closer than you think. BPAC has a program for every age and all levels.

Summer is the perfect time to try something new or dive deeper into dance. We highly recommend continued study during the summer months in order to maintain level of achievement and to work on personal goals.

BPAC offers four day long, fun and interactive dance camp for ages 3-8. A four day long Summer Intensive program is offered for levels IV/Preparatory, III/Primary, II/Upper Primary, I/Intermediate & Company. Students who dance throughout the summer improve drastically in their abilities and are more successful throughout the school year than students that take the summer off. Continued summer study helps the student remain strong, maintain muscle memory, and continue to advance.

Students in the Upper Primary, Intermediate and Advanced Divisions, are required to take a minimum of two full weeks of camp; a membership requirement for leading roles for the Nutcracker, *Corps de Ballet (NEW!)*, and for the competitive team at BPAC. These can be obtained through BPAC's Summer Intensive and/or Private Lessons. We highly recommend taking two weeks of camp in order to maintain muscle development, progress technically (especially pre-pointe and new pointe dancers) and most of all, to PREVENT INJURY. Each week is approximately 17 hours of instruction.

When auditioning for a leading roles in the Nutcracker performance, BPAC's Competitive team, and/or *Corps de Ballet*, summer hours are a strong point of consideration and weighed along with the student's audition performance. A student's loyalty to the art of dance and drive to get the most out of their ability through hard work and dedication over the summer is highly encouraged and does not go unnoticed!

**If you are a part of the Competitive Team, and wish to audition, competition Auditions & Corps de Ballet will be held June 1st & 2nd 2021.**

Although it is not a new policy, please remember that students who desire a lead role in The Nutcracker, be a member of Corps de Ballet or if you would like to participate in the competition team in the fall, you must take two full weeks of dance over the summer with The Ballet & Performing Arts Centre must attend the workshop/audition held June 1st & 2nd. (The Workshop /Audition hours can not be combined with the two summer weeks required). When determining your Nutcracker role we weigh your performance at the audition equally with your summer dance hours. (If you cannot attend two weeks of summer classes, hours can and should be made up with private lessons, If you want to be a lead in The Nutcracker, you must show that you are loyal to the art of dance and have the drive to get the most out of your ability through hard work and dedication.

Spots are limited so don't wait! 50% due at time of registration, remaining 50% due by 6/7/21. Please be sure to submit your registration ONLINE by May 1, 2021. We're looking forward to a successful summer session and hope that you are too!

Dancingly Yours,

Natalie & BPAC Staff



# SUMMER INTENSIVE 2021

Our training is based on a broad spectrum of movement rooted in a classical training outlined for optimum advancement. Dancers train 4 days per week up to four weeks in the summer months. Our mission is to create strong dancers who are highly technical, can perform with confidence and experience and possess the assuredness to take their dance experience to the next level.

Age/Level	Course	Time	6/21-6/24	7/12-7/15	7/19-7/22	6/1-6/2			Cost
	Jazz	11:00-12:00	X	X	X				\$350 PER WEEK or 2 classes \$150 3 classes \$220
Level III PRIMARY Ages 5-6	Hip Hop	12:00-12:45	X	X	X				
	Lunch*	12:45-1:15	X	X	X				
	Ballet	1:15-2:15	X	X	X				
	Leaps, Turns	2:15-3:00	X	X	X				
	ART!	3:00-3:45							
	Contemporary/ Jazz, Leaps, Turns	11:00-12:00	X	X	X				\$350 PER WEEK
Level II Upper Primary Ages 6-9	Hip Hop	12:00-12:45	X	X	X				
	Lunch*	12:45-1:15	X	X	X				
	Ballet	1:15-2:15	X	X	X				
	Pre-pointe/Ballet	2:15-3:00	X	X	X				
	ART!	3:00-3:45	X	X	X				
	Ballet	11:00-12:00	X	X	X				\$350 PER WEEK
Level I Intermediate Ages 10-13	Pointe/Variations	12:00-12:45	X	X	X				
	Lunch*	12:45-1:15	X	X	X				
	Jazz/Turns/Leaps/ Tap	1:15-2:15	X	X	X				
	Contemporary/ Acro	2:15-3:00	X	X	X				
	Progressing Ballet Technique/Yoga	3:00-3:45	X	X	X				
	Ballet	11:00-12:00	X	X	X				\$350 PER WEEK
Company Advanced 13 & Up	Pointe/Variations	12:00-12:45	X	X	X				
	Lunch*	12:45-1:15	X	X	X				
	Jazz/Turns/Leaps/ Tap	1:15-2:15	X	X	X				
	Contemporary/ Acro	2:15-3:00	X	X	X				
	Progressing Ballet Technique/Yoga	3:00-3:45	X	X	X				
Competition & Corps de	Ballet, Jazz Turns, Leaps & Tap	4:30-7:00				X		\$130 Workshop	
Ballet Workshop	Technique Review and Auditions	5:30-7:00				X			



## SUMMER CAMPS/ CLASSES

### PREPARATORY DIVISION

Our 2021 Summer camps offer ballet, tap, jazz & hip hop. This summer, BPAC will offer three 3-8yr old camps. Students will enjoy a fun filled week of favorite storybook tales that come to life through classes in Dance, Music & Art. Students do not need dance experience to participate in the Preparatory Division summer camps.

Age/Level	Course	Time	6/21-6/24	7/12-7/15	7/19-7/22				Cost
Age 3-5 & Age 6-8	Ballet/Tap	9:00-9:45	X	X	X				\$75WEEK
	Jazz	10:15-11:00	X	X	X				\$75/WEEK
	Arts & Crafts	11:00-12:00	X	X	X				\$75WEEK
	Story Book Dancing	12:00-12:45	X	X	X				\$75WEEK
Preparatory Dance Camp Ages 3-5 & Ages 6-8 Ages will be Split in to appropriate levels if necessary	Ballet/Tap	9:00-9:45	X	X	X				
	Snack & Story	9:45-10:15	X	X	X				
	Jazz	10:15-11:00	X	X	X				
	Arts & Crafts	11:00-12:00	X	X	X				
	Hip Hop	12:00-12:45	X	X	X				\$200 WEEK 9:00-12:45

## Themes for Camps in 2021

### Snow Queen Camp

Dancers will love doing everything Elsa & Snow Queen

### Angelina Ballerina Camp

Come join Angelina Ballerina ! This fun camp is based around stories of Angelina Ballerina and will leave your little princess inspired to dance.

### Be A Princess Summer Dance Camp

In a fun and encouraging environment, favorite storybook tales come to life through dance, music, acrobatics, and art as students explore movement, musicality and creativity. Attire for the camp is either dance clothes (leotard, tights and ballet shoes) or simply comfortable clothing . Examples are...Rapunzel- Style you hair like a princess day, dress like your favorite princes Day, Tutus & Tiaras Day- Cinderella, and Ocean Day- The Little Mermaid.

### Nutcracker & Fairy Tales Camp

Dancers will enjoy learning dances from the Nutcracker Ballet, especially Land of the Sweets!

**Campers should bring a small snack and water bottle each day.**

# 2021 SUMMER CAMP SPECIAL DISCOUNTS

**Week 1** – 6/21-6/24 | 11:00-3:45pm

**Week 2** – 7/12-7/15 | 11:00-3:45pm

**Week 3** – 7/19-7/22 | 11:00-3:45pm

**Week 4** – TBA | 11:00-3:45pm

**One Week:** \$350

**Two Weeks:** \$650 (save \$50)

**Three Weeks:** \$925 (save \$125)

**Four Weeks:** \$1,200 (save \$200)

**Dance more and save!** Register for more than one week and save big on tuition.

**Registration opens 3/22/21**—spots are limited so don't wait! 50% due at time of registration, remaining 50% due by 6/7/21.

## Corps de Ballet

### *New this Season!*

Corps de Ballet: Members of the Corps de Ballet will perform for special events, can (not required) compete at Youth American Grand Prix (Winston-Salem), and attend the workshop at UNCSA, compete in spring competitions such as KAR, Leap etc., attend workshops, and will perform with their corps group dances in performances such as Nutcracker & Spring shows. Members will also be considered for pointe solos in Nutcracker and spring. Requirements: Dancers must attend the workshop and audition June 1st & 2nd, take an extra pointe class three times per week beginning next fall, and must be in Level I or Company. Send us an email if you would like more information.

## Summer Intensive

The Summer Intensive is recommended for our Intermediate and Advanced Division dancers (Upper Levels III, II, I & Company). The Intensive offers classes in Ballet, Pointe, Variations, Jazz, Leaps & Turns, Contemporary, Tap, Progressing Ballet Technique, Yoga & Conditioning four afternoons per week with BPAC's outstanding faculty members and guest artists. Our Summer Intensive is designed to help students build strength and technique in preparation for the upcoming school year. In addition, [the Intensive will provide the dancers with information about various topics in the world of dance including nutrition, dance history, rehearsal etiquette and injury prevention during lunch each day.](#) This Intensive Program offers 19 hours of instruction per week- the recommended amount for all Intermediate and Advanced Division students and required amount for members of BPAC's Corps de Ballet & Competitive Team.

## Private Lessons & Pods

Whether you want to develop your artistry or fine-tune your technique, working one-on-one with a teacher can help take your dancing to the next level. We highly recommend Private Lessons!  
If you would like to remain in your pod from the 2020-2021 season, please let us know.

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## 2021 Competition & Corps de Ballet Workshop & Audition Schedule

<b>Tuesday, June 1st</b>	4:30-7:00pm	Jazz, Turns, Leaps & Tap
<b>Wednesday, June 2nd</b>	5:30-7:00pm	Technique Review & Auditions

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## 2021 Workshop & Audition Form

Student's Name: \_\_\_\_\_

Level/Age: \_\_\_\_\_

Approximate Number of Hours Danced this Summer: TBD \_\_\_\_\_

Are you auditioning for Corps de Ballet, Competition Team or Both? \_\_\_\_\_

What dance styles would you be interested in taking to competition?  
\_\_\_\_\_

Are you considering doing a solo/duet/trio/quartet at competition? If yes, with whom would you like to work and, what genre(s)?  
\_\_\_\_\_

With whom are you interested in dancing? \_\_\_\_\_

Please Select One of the Following:

Only consider me for group roles. TBA (**billed at the monthly tuition rate**)

Also consider me for solo/duet/trio roles (**billed at the private lesson rate**)

List Days/Times **NOT** Available: \_\_\_\_\_  
\_\_\_\_\_

Maximum Number of Pieces: \_\_\_\_\_

Competition Workshop fee: \$130.00

**Please be sure to submit your registration ONLINE by May 1, 2021.**

# SUMMER DRESS CODE

## Preparatory Dance Camps 9am-12:45

Attire for the camp is either dance clothes (pink leotard, salmon tights and pink ballet slippers) or simply comfortable clothing such as leggings and a t-shirt.

## GIRLS BALLET / POINTE / VARIATIONS

Girls Leotard: Black leotard

Tights: Adaptatoe Salmon Tights

Shoes: Pink canvas or leather ballet shoes

Hair: All Summer Workshop female students should wear a high bun on the crown of the head for class. No bangs, loose ends, ponytails or ornamentation is allowed. Please use a hair net to keep fly away ends in place.

## BOYS BALLET CLASS ATTIRE

Shirt: white T-shirt

Leg Wear: Black bike pants or jazz pants

Shirt: White

Shoes: Black or white ballet shoes

## BOYS HIP HOP CLASS ATTIRE

Comfortable clothing, and jazz shoes or tennis shoes that have not been worn on the street!!!

## CONTEMPORARY / COMPOSITION

Girls: Black leotard, adaptatoe salmon tights, bare feet

Boys: Same as ballet attire above

## JAZZ / LEAPS & TURNS

Girls: Black leotard, black jazz pants or bootie shorts, adaptation tights, tan jazz shoes.

Boys: Same as ballet class attire, black jazz shoes.

## PROGRESSING BALLET TECHNIQUE/YOGA

Girls Leotard: Black leotard

Tights: Adaptatoe Salmon Tights

Shoes: Pink canvas or leather ballet slippers

**Dancers will need to bring a yoga mat, 10 foot Flexibility band and a Pilates Ball  
We do sell flexibility bands for \$15 (Please let us know in advance)**

# BPAC Competition Team

The Ballet & Performing Arts Centre has a reputation for exceptional performers and creating technically sound dancers. We are dedicated to nurturing a team as well as boosting individual dancers to their highest potential. All Competition team dancers must audition each year. Each dancer is required to sign a contract that binds them for the full season to ensure that all team members are dedicated and fully committed to the studio. The information below may answer a few questions concerning the competitive team.

## Frequently Asked Questions:

**When are auditions?** Auditions will be held June 1st 4:30-7:00 & June 2nd 5:30-7:00. If you are unable to attend, please contact us for a make up audition.

**Is there anyway to prepare my dancer for auditions?** If you feel you that you would like to work on technique individually before the audition, you can schedule a private.

**How many hours can we expect our dancer to be involved weekly?** It varies depending on what level you make and how many dances you are in. Some of our dancers have one extra rehearsal per week and some have 3-4.

**What is the Competition Registration Fee?** The Competition Registration fee is to help off set the costs for props, additional items needed for the competition & teacher time & travel.

**How many competitions do the dancers attend per year?** Approximately 2-3 mandatory competitions. Younger groups may have 2.

**What classes will my dancer take?** Dancers participating in the competition teams are required to take ballet, jazz & tap & dance for at least 4 hours a week depending on level. Competition students are encouraged to take 2 ballet classes, pointe (if old enough). Competition students must take two weeks of classes at BPAC in the summer months. We can not make any exceptions to the above rules.

**Who can do solos?** Solos are open to ANY of our dancers.

# BPAC Corps de Ballet

The Ballet and Performing Arts Centre has been inspiring young dancers and audiences in the Winston-Salem since 1995 when it first opened its doors on Robinhood Road.

Over the years, BPAC has earned a reputation in the community as a beacon of excellence in dance education and production. BPAC performs a full length Nutcracker at Reynolds Auditorium each December and also performs full length ballets in the Spring. Each dancer is required to sign a contract that binds them for the full season to ensure that all team members are dedicated and fully committed to the studio. The information below may answer a few questions about Corps de Ballet.

## Frequently Asked Questions:

**What does “Corps de Ballet” mean?** *Noun: The members of a ballet company who dance together as a group.*

**When are auditions?** Auditions will be held June 1st 4:30-7:00 & June 2nd 5:30-7:00. If you are unable to attend, please contact us for a make up audition.

**Is there anyway to prepare my dancer for auditions?** If you feel you that you would like to work on technique individually before the audition, you can schedule a private.

## How many hours can we expect our dancer to be involved

**weekly?** Dancers in Level I & Company will be required to take an additional ballet/pointe class 3-4 times per week during the 2021 dance season. Dancers would learn corps dances during this time. Corps dancers would have 2 rehearsals in June & 2 in July.

**How many competitions do the dancers attend per year?** How many events or performances do the dancers attend per year? Members of the Corps de Ballet will perform for special events, can (not required) compete at Youth American Grand Prix (Winston-Salem), and attend the workshop at UNCSCA, compete in spring competitions such as KAR, Leap etc., attend workshops, and will perform with their corps group dances in performances such as Nutcracker & Spring ballets. Members will also be considered for pointe solos in Nutcracker and spring.

**What classes will my dancer take?** Dancers participating in the Corps de Ballet are required to take ballet, pointe (2), jazz, contemporary or tap & dance for at least 4 hours a week depending on level. Corps de Ballet students must take two weeks of classes at BPAC in the summer months. We can not make any exceptions to the above rules.

**Who can do solos?** Only members of Corps de Ballet will be considered for pointe solos in Nutcracker and spring ballets.