

## WELCOME LETTER

From Natalie Calvano  
Owner/Artistic Director

Welcome new and returning students to our exciting  
2020-2021 dance season!

We are happy to have you as a part of our 25th year.



Mark your calendars for our Nutcracker Auditions  
Monday, August 17th 5:30-7:30, Winston Salem Youth  
Ballet Tuesday, August 18th 5:30-6:30 & Wednesday,  
August 19th 5:30-7:00. Fall Classes begin September 8th. **Our deadline for fall  
registration is Friday August 14th, after that, registration will be closed. Class  
size is limited.**

Although our Nutcracker performances will look a little different this season, we are looking forward to getting back to a new normal, but in a safe way. Please read our information and regarding our new policies regarding COVID-19.

The BPAC 2020-2021 calendar helps you to keep track of upcoming events: holiday breaks, dates and much more. If you have not received our 2020-2021 BPAC Parents' Guide, please contact us, and we will send you a digital copy.

***New: E-Learning Academy: This season we will open our studio for BPAC students for assistance with their virtual learning. The virtual learning program will be open to BPAC students Monday-Thursday to provide a safe WiFi-connected environment for students to complete school-assigned online instruction, to assist with education and peer connection. A full day is 9am-3pm & a half day is 9am-12pm or 12pm-3pm. For pricing information, email us at [balletandperformingartscentre@gmail.com](mailto:balletandperformingartscentre@gmail.com).***

***The Ballet & Performing Arts Centre is implementing a very specific dress code this year to ensure uniformity in our classes.*** This uniformity is paramount to teaching ballet etiquette, instilling personal discipline, while enhancing the dance aesthetic. The faculty and staff of the BPAC have chosen items that can and will be used in upcoming studio showings, photo and video opportunities and press coverage. All students are required to adhere to the Dress Code. Students cannot be permitted in class unless they are dressed in their class leotard, tights and shoes, no jewelry, and for girl's hair secured neatly in a bun.

I am very eager to begin the 2020-2021 school season, creating positive memories, rehearsing great performances and participating and sharing in many community arts opportunities for all our BPAC families.

My Best,

Natalie Calvano

# *Ballet and Performing Arts Centre*

## **2020-2021 Parents Guide**

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# STUDIO RULES

1. Students must be dressed in proper dance attire. Ballet students must have their hair in a secure bun & wear pink tights. Please see **DRESS CODE**. **Absolutely no street clothes may be worn!** **Ballet students please remember, pink tights only.** Students that do not have their dance wear or shoes will be asked to watch. Students are also learning responsibility through dance.
2. Please do not let siblings run freely throughout the studios, especially during preschool classes. This is very distracting for young dancers. If you or a dancer's sibling needs to use the restroom please do so quietly. If you enter a studio to do so, please remove street shoes before entering.
3. **NO CELL PHONES ARE ALLOWED IN CLASS!** Students must keep cell phones in dance bags and Iwatches must not be able to receive calls or texts during class.
4. If you are paying tuition monthly, it is due by the 7th of each month. Any tuition received after the 7th will receive a \$20 late fee. After the 7th we will not accept any payments that do not include the \$25 late fee. Prorated June tuition is invoiced and due with May tuition.
5. Costume fees and stage fees will have their own "due date" that will be announced later in the year. Costume fees and stage fees that are not paid by the due date will also receive a \$25 late fee.
6. If you are paying by the trimester, it is due by the 7th of each month. You will receive 5% off if paying by the trimester. If you do not pay by the 7th, then you will not receive the 5% discount. If you choose, you may keep your credit card on file and we will debit monthly.
7. We accept Visa, Master Card, American Express and Discover.
8. All payments must be made online this season..
9. Please be sure that your child is picked up on time. Please note that our new policy is that students must wait outside until the teacher meets them. Students may wait in their cars or on the sidewalk socially distant. Stretch quietly in the waiting area if other classes are being held. We know the hustle and bustle of every day life, getting children from point A to point B can be challenging. Please be sure that your child is picked up on time. We have many teachers who travel long distances and need to get home to their families and children especially if it is the last class of the day. Please be respectful of others' time as they may have commitments after class. Late pick up charges are as follows: For the last class of the evening, a late fee of \$1.00 for each minute that the child remains at BPAC with the instructor.
10. If you need to speak to Natalie directly, please call 336-923-2585. You may leave a message if there is no answer as we will check messages regularly. **We communicate primarily by email, so please check your email daily.**
11. Please don't walk on the dance floors with street shoes. Dancers will have specific places to put shoes and bags each class.
12. Rehearsals are mandatory for every student performing in our productions. Students missing ten rehearsals or classes will not be able to perform unless private lessons are taken. Once costumes have been ordered, you will be responsible for purchasing them.
13. All fees must be paid before performance time including tuition, costume, stage fees and privates in order to perform. **ABSOLUTELY NO EXCEPTIONS!**
14. Please arrive promptly for class, as it is disruptive to others when entering late.

I HAVE READ THE INFORMATION ABOVE AND AGREE TO ABIDE BY THE STUDIO RULES.

PARENT: \_\_\_\_\_

DATE: \_\_\_\_\_

STUDENT: \_\_\_\_\_

DATE: \_\_\_\_\_

## 2020-2021 General Schedule

<p>September 8                  August 17                  August 18                  August 19                  September 7                  September 8                  September 25                  October 23                  November 11                  November 24-29                  December 12                  December 12                  December 11-January 7th                  December 8                  December 9th                  January 11, 2020                  January 18 &amp; 22 2020                  April 2-11                  May 31, 2020                  May 2020                  June 21</p>	<p>Fall Classes Begin                  Nutcracker Auditions                  WS Youth Ballet                  Competition Auditions                  Closed for Labor Day*                  Nutcracker Classes Start                  Closed Teacher Workday                  Closed Teacher Workday                  Closed for Veterans Day*                  Closed for Thanksgiving Break*                  Nutcracker Rehearsal                  Nutcracker Performance                  Closed for Winter Break*                  Spring Show Auditions                  Competition Showcase                  Spring Classes Begin                  Closed                  Closed for Spring Break                  Closed for Memorial Day*                  Spring Show Dates TBA                  Summer Session Begins</p>
<p><b>Special Events</b>                  TBA  <b>Competition Dates</b>                  TBA</p>	
<p><b><i>Saturday Competition rehearsal Dates (Dates are subject to change-Saturday dancers only)</i></b></p>	<p>September 5,12,19 &amp; 26                  October 3, 10 &amp; 17                  November 7, 14,21                  January 9, 16 &amp; 23                  February 6, 13 &amp; 20                  March 6, 13, 20 &amp; 27                  April 17 &amp; 24</p>

LEVEL	Level Descriptions
<b>PRESCHOOL/IV</b>	<p>This level concentrates on introducing creative movement to young children. Focus is on basic positions, increasing motor skills, improving balance and having fun with dance. Age is generally 3-5 years depending on experience.</p> <p><b>45 minute class</b></p>
<b>LEVEL IV</b>	<p>This level concentrates on basic ballet, jazz, and tap movements. Dancers will practice simple routines and the focus is on positions, increasing motor skills, improving balance and flexibility. This level also concentrates on introducing creative movement to young children. Focus is on basic positions, increasing motor skills, improving balance and having fun with dance. Age is generally 4-6 years depending on experience.</p> <p><b>45 minute-1.5 hour class</b></p>
<b>LEVEL III</b>	<p>This level offers ballet, tap and jazz options. Concentrates on more complex combinations, improving balance and coordination, fluidity and self-esteem. <b>1-2 hour class</b> depending on discipline chosen. Dancers must also take at least one ballet technique class to participate in the Nutcracker.</p>
<b>LEVEL II</b>	<p>Focus is on the body, discipline, flexibility, and complex routines. Girls will gain self-esteem and positive attitudes about their bodies. Must have knowledge of basic positions and steps. <b>1 ½ - 3 hour class</b> depending on discipline. May also begin preparation for pointe work. Two ballet technique classes are encouraged if preparing for pointe (pre-pointe class). <b>Levels II, I &amp; Company Dancers are strongly encouraged but not required to attend two ballet technique classes per week. Dancers interested in the competition teams are required to take ballet, pre-pointe/Pointe and two other subjects for at least 4 hours a week. Nutcracker &amp; Competition students must take 25 hours at BPAC in the summer months.</b> Dancers must also take at least one ballet technique class to participate in the Nutcracker.</p>
<b>LEVEL I</b>	<p>These students have mastered the basic fundamentals of ballet and are working to perfect technical abilities. <b>Participation in a ballet technique class and one pointe or pre-pointe class is strongly recommended for this level and is required for a lead role in the Nutcracker. Levels II, I &amp; Company Dancers are strongly encouraged but not required to attend two ballet technique classes per week.</b> Other disciplines may be added. Participation in Nutcracker and Spring Show is strongly recommended. May audition for solo roles. Dancers interested in the competition teams are required to dance for 3-4 hours a week. <b>Dancers interested in the competition teams are required to take ballet, pre-pointe/Pointe and two other subjects for at least 4 hours a week. Nutcracker &amp; Competition students must take 25 hours at BPAC in the summer months</b> Dancers must also take at least one ballet technique &amp; pre-pointe/pointe class to participate in the Nutcracker.</p>
<b>COMPANY</b>	<p>These students have graduated to pointe shoes and classes. Includes extensive barre work, centre practice, adagio, allegro, combinations, partnering, and variations. <b>Participation in two ballet technique classes and one pointe class is strongly recommended for this level and is required for a lead role in the Nutcracker. Levels II, I &amp; Company Dancers are strongly encouraged but not required to attend two ballet technique classes per week.</b> This is the highest level the studio offers and involves hard work and dedication. Participation in Nutcracker and Spring Show is strongly recommended. May audition for solo roles. This level is determined by Natalie. <b>Dancers interested in the competition teams are required to take ballet, pre-pointe/Pointe and two other subjects for at least 4 hours a week. Nutcracker &amp; Competition students must take 25 hours at BPAC in the summer months</b> Dancers must also take at least one ballet technique &amp; pre-pointe/pointe class to participate in the Nutcracker.</p>

## 2020-2021 TUITION AND FEES

Tuition Fee: A family may choose one of three tuition payment options: Monthly, Semi-Annual, or Annual. Monthly installments are to be paid by the 7th of each month (September - May), with August and June being pro-rated. A late fee of \$25 will be charged if payment is not received by the 7th day of each month. An automatic credit/debit decline fee of \$15 will apply to any payment that is declined. Semi-Annual installments allow for a 5% discount and are to be paid in two payments, September 7th (September-December) and January 7th (January-May, plus 1/2 month for extra rehearsals, studio run throughs, dress rehearsals etc. associated with Spring show tuition). 1/2 August is due on the dancer's first class. An Annual installment allows for a 10% discount and is to be paid in full by September 7th. There is a \$50 non refundable registration fee per student. Returned check fee is \$30.00. Partial increments are rounded up: Ex: 2.25 hours will be charged 2.5 hours.

HOURS OF CLASS PER WEEK	MONTHLY TUITION	HOURS OF CLASS PER WEEK	MONTHLY TUITION
30 minutes	\$50.00	4 1/2 Hours	171.00
45 minutes - 1 hour	\$65.00	5 hours	\$186.00
1 1/2 hours	\$85.00	5 1/2 hours	\$199.00
2 hours	\$100.00	6 hours	\$213.00
2 1/2 hours	\$115.00	6 1/2 hours	\$224.00
3 hours	\$130.00	7 hours	\$239.00
3 1/2 hours	\$142.00	7 1/2 hours	\$253.00
4 hours	\$158.00	8 hours/unlimited	\$267.00

**PRIVATE INSTRUCTION:** Shared privates are rehearsals (weekly charge) with 2-6 students. Some upper level Nutcracker and spring pieces are shared privates and solo pieces. Privates and shared privates are billed in advance and are due by the 7<sup>th</sup> of each month. Please note that shared privates are charged even in your student misses the lesson. Pas de deux rehearsals will be charged an additional \$15 per weekly rehearsal.

Length of Private Instruction	Fee
1.5 hours	\$90
1 hour	\$75
45 minutes	\$60
30 minutes	\$40

**PERFORMANCE FEE:** A stage fee of \$60 per performer is required for participation in each production. This fee helps cover the cost of the theater, props, sets and other production elements.

**The stage fee is due on September 7th for the Nutcracker (not required for 2020 studio performance) and on February 7th for the Spring Show.**

**NUTCRACKER SPONSORSHIP FEE:** Our Nutcracker production is a large scale production which is what makes it so magical for the audience and such a great experience for our dancers. Therefore, we need everyone's help in fundraising. Instead of requiring extensive fundraising as we have done in the past, we will require each performer to provide a sponsorship fee. You may pay the sponsorship fee or you may recruit others to be your sponsors. Sponsors names' will be listed in the program under their level of sponsorship. Sponsorship fees are \$25 for preschool students, \$50 for Level IV, \$75 for Level III and II, and \$100 for Level I/IA, and Company. We still sell ads for our Nutcracker production, but ad sales are completely separate from the sponsorship fee. **There is a \$75 cancellation fee if a student drops out after Nutcracker has been cast.**

**SCHOLARSHIPS:** The Ballet & Performing Arts Centre honors those students who excel in dance by awarding both an annual scholarship as well as summer scholarships, when deemed appropriate. Scholarship selection is made by the entire faculty and students through class observation and recognizes students not only for achievement in dance, but also for outstanding effort, attitude, attendance and progression of skill.

# Costumes

**COSTUME FEE:** Costumes for performances are either rented (for the Nutcracker and some pieces in the Spring Show) or purchased (for the majority of pieces in the Spring Show). Prices for rented costumes can be found below. Renting costumes also require a \$50 check or credit card number that is returned once the costumes are found in good condition. Prices of purchased costumes vary based on the specific costume, but generally cost \$65-\$125 (depending on level) and are yours to keep after the show. ***Spring costumes are ordered in January. Students who do not wish to participate in the Spring performance, must notify us in writing by December 1st. After costumes are ordered, we are not able to return them.***

**COSTUME DEPOSIT:** ***A costume deposit of \$20 per costume is due on September 7th for the Nutcracker and on February 7th for the Spring Show.*** Costume balances will be due November.

Number of Costumes	Rental Fee	**Just A Reminder**
1	\$65	A signed contract and \$50 deposit (does not go toward the rental fee) is required when picking up rented costumes. We will refund the \$50 deposit if the costumes are returned on time with no damage.
2	\$100	
3	\$135	
4	\$150	
5	\$165	
6	\$175	

**PRIMADONNA TUTU RENTAL FEE:** All Primadonna tutus will be rented at \$120 Each. Primadonna tutus are professionally hand-made. Solo roles such as snow queen, sugar plum, marzipan, spanish, dew drop, etc. will perform in Primadonna tutus.

## STUDIO CALENDAR

**IN CASE OF INCLEMENT WEATHER, WE WILL FOLLOW THE WS/FC SCHOOL SYSTEM**

### CHARACTERS WITH RENTED COSTUMES:

(each count as one unless specified otherwise)

Mary	Clara (2 costumes)
Baby Mice	Dolls
Chinese	Snow Queen
Flowers	Party Children
Peppermints	Snow Corps
Candy Canes	Dew Drop
Sugar Plum	Spanish
Pollichinelles	Marzipan
Rats	Angels
Russian	Arabian
Soldiers	*Costumes may be rented for Spring Show pieces

## FREQUENTLY ASKED QUESTIONS

### **Tuition: Is tuition ever prorated? / Does my tuition change based on the number of classes each month?**

No. Tuition is the same every month regardless of how many classes are held that month. The only months that are prorated are August and an additional 1/2 month is charged in May for extra rehearsals, studio run throughs, dress rehearsals etc. associated with Spring show tuition). All dancers are charged for half a month's tuition for these two months. December's tuition is not prorated. Students participating in the Spring Show are charged half a month of tuition to cover extra rehearsals.

### **When is my tuition due?**

Tuition is due the 7th of each month. Invoices are emailed the 23rd of each month. Any payments made after the 7th will receive a \$25 late fee. Tuition can be paid with cash, a check, debit or credit card in person, through the mail, or over the phone.

### **Is my tuition due by the 7th even if my child misses class the first week of the month?**

Yes. Tuition is due by the 7th of each month even if your child misses class or doesn't have class the first week of the month. You will receive your monthly invoice on the 23rd of the previous month and tuition can be paid at any time.

### **Tuition Payment Options:**

Tuition Fee: A family may choose one of three tuition payment options: Monthly, Semi-Annual, or Annual. Monthly installments are to be paid by the 7th of each month (September - May), with August being pro-rated. A late fee of \$25 will be charged if payment is not received by the 7th day of each month. An automatic credit/debit decline fee of \$15 will apply to any payment that is declined. *The only months that are prorated are August and an additional 1/2 month is charged in May for extra rehearsals, studio run throughs, dress rehearsals etc. associated with Spring show tuition). All dancers are charged for half a month's tuition for these two months. All students are charged for the month of December. Students participating in the Spring Show are charged half a month of tuition to cover extra rehearsals.* Semi-Annual installments allow for a 5% discount and are to be paid in two payments, September 7th (September-December) and January 7th (January-May, 1/2 Spring Show tuition). 1/2 August is due with registration. An Annual installment allows for a 10% discount and is to be paid in full by September 7th. There is a \$50 non refundable registration fee per student. Returned check fee is \$30.00.

### **What are the cost of privates and shared privates and how are they billed?**

Any groups with less than 7 students are billed at the private rate (\$75 for 60 mins, \$60 for 45mins, \$40 for 30mins). Shared privates are charged at the private rates, divided by the number of students in the private. Privates and shared privates are billed per occurrence. Shared privates are charged, even if your child misses their shared private.

### **Performances: Who participates in the Nutcracker, is it mandatory?**

All students are invited to participate in the Nutcracker. Participation in the Nutcracker is by audition only. Please note, there is a \$50 audition fee and everyone who auditions will get a role in the Nutcracker. Nutcracker rehearsals are held outside of regular class, classes will not perform a piece in the Nutcracker. Participation is completely voluntary. Dancers must also take at least one ballet technique class to participate in the Nutcracker.

### **Who participates in the Spring Show, and is it mandatory?**

All students are invited to participate in the Spring Show. Every class will rehearse and perform a piece in the Spring Show. Students will also have the opportunity to audition for lead roles and extra pieces for the Spring Show. Participation is completely voluntary. After costumes have been ordered, you are responsible for payment.

### **What is the performance fee?**

The stage fee is a \$60 fee, paid before each performance to help cover the cost of the theater, props, sets and other production elements.

### **What is the Nutcracker sponsorship fee?**

The Nutcracker sponsorship fee is an additional fee required for those who are performing in the Nutcracker. This fee is required in addition to the stage fee and does not count towards any advertising in the program. Please see the tuition page of the parents guide for more information about the Nutcracker sponsorship fee.

### **Costumes: Why are some costumes rented and some bought?**

In some cases, like the Nutcracker, when we can reuse costumes we will rent them for use. In situations such as the spring shows, where pieces change yearly we cannot reuse costumes and have parents buy them.

### **How much do rented and bought costumes cost?**

Prices for rented costumes can be found on the costuming page of the parents guide. Renting costumes also require a \$50 check or credit card number that is returned to you once the costumes are found in good condition. Purchased costumes vary based on the specific costume, but generally cost \$65-\$125 (depending on level) and are yours to keep after the show.



# VOLUNTEERING

As with any major production, there are many little duties that need attending for our performance to be successful. (And we need to start thinking about them right away!) We need volunteers to help with everything from ticket taking, to costume alterations, to cleaning up. If you would like to be involved with the behind the scenes action, please fill out the following check list. Thank-you for your involvement. (ONLY WHEN WE ARE PERMITTED TO HAVE A PERFORMANCE AT REYNOLDS)

<p>TICKET TAKERS: _____</p>	<p>We need two adults or teenagers to stand at the entrance of the theatre and tear tickets and hand out programs for each performance. Our ticket counts are vital to our accounting records so we need someone responsible to ensure all who enter have tickets. For school shows we will need ushers as well.</p>
<p>SIDE DOOR ATTENDANT: _____</p>	<p><b>This is a very important job, no one is allowed to enter and exit through this door, especially during the show. We can not keep track of who has a ticket and who does not through this door. WHEN THE DOOR WAS USED IN THE PAST, IT SLAMS AND DISTRACTS DANCERS. IF YOUR CHILD HAS A QUICK CHANGE, YOU NEED TO BE BACKSTAGE OR YES, YOU NEED TO WALK AROUND THE ENTIRE BUILDING. IT IS GREAT EXERCISE!!!! IT'S A RULE THAT IS A MUST.</b></p>
<p>BACKSTAGE _____</p>	<p>We need 2-3 adults backstage per show per group to help with costume changes, organizing, and applying make-up. We would like to use different parents each show so that everyone has the opportunity to see the show from the audience. We will also need parents for school show costume changes.</p>
<p>COSTUMING _____</p>	<p>Although we have most costumes already, every year we need people who can alter or mend them. Whoever volunteers for this position, can also double as one of the backstage helpers.</p>
<p>CLEAN UP _____</p>	<p>These duties have been overlooked in the past. Please be sure to collect bobby pins, bring props backstage and anything else that should be thrown away such as trash.</p>
<p>MERCHANDISE AND FLOWER SALES _____</p>	<p>We will sell Nutcracker merchandise and flowers at each performance. We need 3-4 people to work at these tables and help customers wanting merchandise and flowers. This will entail organizing the items, setting up the area, and maintaining the tables.</p>

## NUTCRACKER TICKET ORDER FORM

**PLEASE REMIT THIS FORM WITH PAYMENT BY OCTOBER 15TH TO RECEIVE  
DISCOUNTED TICKETS**

Tickets will be sold online at [balletandperformingartscentre.org](http://balletandperformingartscentre.org)  
for live stream performance & studio seating

LAST NAME	FIRST NAME
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**STUDIO PERFORMANCE - SPACE WILL BE LIMITED**

Performance Date and Time	Child	How Many?	Adult	How Many?	Total Due
Friday, December 4th					
Saturday, December 5th					
Sunday, December 6th					
TICKET PRICES TBA IN SEPTEMBER					
Total Due					

Total Due	Amount Enclosed	Payment Options
		Check #
		Card Number:
		exp.date: <span style="float: right;">Security #</span>

# BIRTHDAY PARTIES

Not Available until Spring 2021

Exciting Birthday parties for ages 2 and up!

Our parties will entertain your child and their friends for a fun filled experience.

## **Our Party Package Includes:**

**2-3 Year Olds:** 1 hour party, 45 minutes of dance/tumbling and 20 minutes of cake and opening gifts. **\$350.00** (including deposit)

**Ages 4 and Up:** 1 ½ hour party, 60 minutes of Dance/tumbling 30 minutes of cake and opening gifts. **\$350.00**(including deposit)

**\*Set-Up: We have tables and chairs for your refreshments, food, cake etc.**

You Bring:

- Refreshments: Cake, Ice Cream-optional (cups work great). If you bring ice cream, please bring your own spoons. Some parents like to have pizza delivered: We use Domino's on Yadkinville Road.
- Candles and matches
- Serving Utensils: for your cake
- Treat Bags (optional) - to be handed out at the end of the party
- Camera/Video Camera
- Decorations (optional): balloons and banners are allowed, no table confetti please.

**\*Be sure to add a map to the Ballet & Performing Arts Centre in your invitation**

Cost and Format: This includes a \$75 non-refundable deposit due when party is booked; the balance is due the day of the party.

Policies: The birthday party cost is for up to 15 children, including birthday child and siblings. Additional children are allowed at \$5 each.

Please set your RSVP for a week before your party.

**Contact Natalie to Reserve your Date Today! 923-2585**

# FREQUENTLY ASKED QUESTIONS: COMPETITION TEAM

The Ballet & Performing Arts Centre has a reputation for exceptional performers and creating technically sound dancers. We are dedicated to nurturing a team as well as boosting individual dancers to their highest potential. All Competition team dancers must audition each year. Each dancer is required to sign a contract that binds them for the full season to ensure that all team members are dedicated and fully committed to the studio. The information below may answer a few questions concerning the competitive team.

## ***When are auditions?***

Auditions will be held Wednesday, August 19th 2020. **Students must be present for the audition/workshop in order to be cast.**

## ***Is there anyway to prepare my dancer for auditions?***

If you have questions about auditions please let us know. If you feel you that you would like to work on technique individually, you can schedule a private.

## ***How many hours can we expect our dancer to be involved?***

It varies depending on what level you make and how many dances you are in. Some of our dancers have one extra rehearsal per week and some have 3-4.

## ***What is the Competition Registration Fee?***

The Competition Registration fee is to help off set the costs for props, additional items needed for the competition & teacher time & travel.

## ***How many competitions do the dancers attend per year?***

Approximately 2-3 mandatory competitions. Younger groups may have 2.

## ***What classes will my dancer take?***

**Dancers participating in the competition teams are required to take ballet, jazz & tap & dance for at least 4 hours a week depending on level.** Competition students are encouraged to take 2 ballet classes, pointe (if old enough). **Nutcracker & Competition students must take 25 hours at BPAC in the summer months. (25 hours waived due to Covid-19).**

## ***Who can do solos?***

Dancers will be performing solos only this season due to Covid-19).

## ***Why should I put my dancer at BPAC?***

BPAC is a well-rounded training facility that will not only push your child to the best of their ability, but also encourage team unity amongst the dancers. Our students and staff communicate closely with one another and that trust and respect reflects on stage and in classes. We take what we do very seriously and it is a continuous process, in and out of the classroom. Our true job is helping each dancer to become kind, loving, respectable adults and promote success in all avenues of life!

## ***Will all Competition Pieces perform in the Spring show?***

Not all competition pieces will perform in the spring show. This season, all Seniors will perform pieces in the spring show. All solos, duets, trios & groups will need to qualify by receiving a platinum at a competition.

**PARENT/DANCER CONTRACT:** PLEASE READ IN THE ENTIRETY AND SIGN BEFORE YOU REGISTER. NO ONE WILL BE ABLE TO ATTEND CLASS WITHOUT CONTRACT BEING SIGNED BY PARENT AND DANCER.

This is a contract between the dancers, parents and the teachers so that every parent and student knows what is expected of this year. In signing this contract you have read the rules and understand that you will be held accountable if you do not follow through with your commitment.

**Required Classes** - All Nutcracker & competition team members are required to take ballet, pointe and two additional genres and dance for at least 4 hours a week depending on level. We strongly suggest two ballet technique classes for Levels II, I & Company. These classes count towards your attendance record (see below). Competition team members are also required to take 25 hours of dance at BPAC in the summer. Nutcracker dancers who desire lead roles must take 25 hours at BPAC in the summer

**Attendance Policy** - All Nutcracker & competition team members can miss no more that ten (10) total rehearsals and classes throughout the 2019-2020 dance season. (For example, if you miss a Wednesday and miss your ballet class, pointe class, and a competition rehearsal this counts as three absences.) If you miss more than ten total rehearsals and classes you will be removed from the competition team. If your absence is an excused absence (illness, school event, family vacation, family emergency) and you inform your teacher of your absence before your class starts, you can come to a make up class to have the absence removed from your record. If your absence is an unexcused absence (social event, hair appointment, missing without notifying the teacher, etc) it cannot be removed from your record.

### **HARASSMENT/INTIMIDATION/BULLYING**

BPAC strives to maintain an environment which is healthy, safe and nurturing; one in which students are free from any form of harassment, intimidation and/or bullying. Harassment, intimidation and/or bullying of any type will not be tolerated at the Centre or at any BPAC related activity. Students must realize that any type of harassment, intimidation and/or bullying, whether physical, verbal, sexual or general in nature is strictly against BPAC's policy. Students who feel they are the target of harassment, intimidation and/or bullying must report the incident to a BPAC instructor. Students accused of harassment, intimidation and/or bullying may face BPAC disciplinary action.

#### **DISCIPLINARY ACTION**

Students are expected to act in a respectful manner while at the Academy or any related BPAC activity. Students responsible for disorderly conduct, violating any school policy, disruption of class, or violating any of the classroom teacher's rules, will be subject to the following:

Warning: The student will receive a warning.

1st offense: The student/parent will receive a written notice.

2nd offense: The student/parent will meet with the instructor and director. The student may be removed from the class; parents will not receive a refund for this class.

3rd offense: The student will be expelled from the program; parents will not receive a refund for the school year.

Depending on the severity of the offense, BPAC leadership reserves the right to dismiss a student from the program at any time during the school year.

- Respect of the studio and its teachers - If anyone is heard speaking badly about dancers, the studio and/or the teachers they will be dismissed. All BPAC dancers need to support each other. BPAC **RULES**- We cannot tell you enough how much being positive & being a team player changes a class or rehearsal. If you are at a rehearsal or class, please support your fellow classmates. You all train together. Love each other! .
- We truly do want the best for all of the dancers, and we're looking forward to another great season!

I, \_\_\_\_\_, parent of \_\_\_\_\_ understand the rules and obligations of being a BPAC member. I will make every effort to abide by these rules and support the studio with the utmost respect.

I, \_\_\_\_\_, understand that I am an important part of the studio as well as a class. I will do my best to give 100% every day. I will support my dance family and be a good friend. I will pick up after myself and keep the studio clean. I will respect my teachers;

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

# COMPETITION CONTRACT

PLEASE READ IN THE ENTIRETY AND SIGN BEFORE YOU AUDITION. NO ONE WILL BE ABLE TO AUDITION WITHOUT IT SIGNED BY PARENT AND DANCER.

This is a contract between the dancers, parents and the teachers so that every parent and student knows what is expected of this year. In signing this contract you have read the rules and understand that you will be held accountable if you do not follow through with your commitment.

**Required Classes** - All competition team members are required to take ballet, jazz, tap and dance for at least 4 hours a week depending on level. We strongly suggest two ballet technique classes for Levels II, I & Company. These classes count towards your attendance record (see below). Competition team members are also required to take 25 hours of dance at BPAC in the summer.

**Attendance Policy** - All competition team members can miss no more than ten (10) total rehearsals and classes throughout the 2020-2021 dance season (September-May). (For example, if you miss a Wednesday and miss your ballet class, pointe class, and a competition rehearsal this counts as three absences.) If you miss more than ten total rehearsals and classes you will be removed from the competition team. If your absence is an excused absence (illness, school event, family vacation, family emergency) and you inform your teacher of your absence before your class starts, you can come to a make up class to have the absence removed from your record. If your absence is an unexcused absence (social event, hair appointment, missing without notifying the teacher, etc) it cannot be removed from your record.

**Required Rehearsal Time** - All competition pieces will meet to rehearse for at least 3 hours a month. This could mean a 45 minute - 1 hour rehearsal every week, 1.5 hours every other week, or some other rehearsal schedule determined by student and teacher availability to reach a minimum of 3 hours per month.

**We are ONE competition Team - BPAC Competition Dancers** - What this means is that all competitive dancers are a part of the BPAC Competition Team. When you audition, the instructors will determine how many pieces we are taking to the competitions and will determine the casting of those pieces. You could be cast in one piece or more; this could be groups, solos, duets, trios, quartets etc. Your audition & dedication determines casting and quantity of routines. Groups are 7 or more dancers. Shared privates are 6 dancers or less. ***COMPETITION REGISTRATION FEE: The Competition Registration fee is \$50 and is to help off set the costs for props, additional items needed for the competition & teacher time & travel.***

**Routines** - This is a competition team. The routines will be created to earn the highest score possible. If your child does not receive a "special role," please be their parent and love them and encourage them for the next opportunity. In life there are many highs and lows and they are going to need your support. There will be no special meetings about how parents or dancers feel about the choreography. The dance is left up to the teacher entirely. Keep in mind there is a lot of thought and planning that goes into creating a dance. We need 100% from everyone all the time to create an amazing routine.

**COMPETITION ENTRY FEES:** Local, State and Regional Competitions: Group Entry Fee (per person) = \$65-\$90 Solo Entry Fee = \$85-\$130 Duet/ Trio Entry Fee (per person) = \$65-\$85 (Competition schedule fees are subject to change). ***COMPETITION REGISTRATION FEE: The Competition Registration fee is \$25 and is to help off set the costs for props, additional items needed for the competition & teacher time & travel. There is a \$75 cancellation fee if a student drops out after competition has been cast.***

**COMPETITION JACKETS/WARM-UPS:** BPAC Competition members will have the option to purchase competition jackets/warm-up suits in the Fall.

**COSTUME FEE:** Costumes for competitions are purchased. Prices for purchased costumes vary based on the specific costume, but generally cost \$85-\$140 (depending on level) and are yours to keep after the competitions/ performances. ***COSTUME DEPOSIT: A costume deposit of \$25 per costume is due on September 7th for the Competition pieces.*** Costume balances will be due upon costume arrival.

# COMPETITION CONTRACT pg 2

PLEASE READ IN THE ENTIRETY AND SIGN BEFORE YOU AUDITION. NO ONE WILL BE ABLE TO AUDITION WITHOUT IT SIGNED BY PARENT AND DANCER.

**Attitude** - is a very important part of any class. We will not tolerate any form of disrespect. All dancers need to learn discipline and respect. We're a team and respect=respect.

• If a dancer says one time at a competition that they do not want to go on stage whether it be for a solo, duet, trio or group number, they will automatically be removed from that dance.

• Respect of the studio and its teachers - If anyone is heard speaking badly about dancers, the studio and/or the teachers they will be dismissed. All competition members need to support each other. **COMPETITION RULES-** We cannot tell you enough how much audience support changes a routine. If you are at a competition and someone from our studio is dancing, please support them. Congratulate them after performing. Try not to walk away when someone from our studio is dancing. If you hear their music run in to support them! Never come off stage crying unless you are hurt. It doesn't send a good message. At awards, be happy for your fellow dancers. You all train together. Love each other! Whatever time we ask you to be at competition, please be there dressed and ready or we will dance without you should the competition be running early.

• We truly do want the best for all of the dancers, and we're looking forward to another great season!

I, \_\_\_\_\_, parent of \_\_\_\_\_ understand the rules and obligations of being a BPAC competition member. I will make every effort to abide by these rules and support the studio with the utmost respect.

I, \_\_\_\_\_, understand that I am an important part of the studio as well as my team. I will do my best to give 100% every day. I will support my dance family and be a good friend. I will pick up after myself and keep the studio clean. I will respect my teachers;)

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

# Dress Code

Level	Class Attire
Level IV	Ballet students must have their hair in a secure bun, wear Bloch salmon tights, and a <b>Pink Gaynor Minden tank or cap sleeve leotard with pink skirt or Gaynor Minden Pink dance dress</b> . Students with short hair must secure it from falling into their faces. Students may wear leg warmers, shrugs & skirts. Students will need Bloch leather ballet slippers or canvas ballet slippers & black taps.
Level III	Ballet students must have their hair in a secure bun, wear Bloch salmon tights, and a <b>Pink Gaynor Minden tank or cap sleeve leotard with pink skirt or Gaynor Minden Pink dance dress</b> . Students with short hair must secure it from falling into their faces. Students may wear leg warmers, shrugs & skirts. Students will need Bloch leather ballet slippers or canvas ballet slippers, black taps & tan Bloch jazz shoes.
Level II	Ballet students must have their hair in a secure bun, wear Bloch salmon tights, and any style <b>BLACK</b> leotard. Students with short hair must secure it from falling into their faces. Jazz and tap students may wear their hair in a ponytail, and wear black jazz pants, black booty shorts, or salmon tights, and any style <b>BLACK</b> color leotard. <b>Tan or black sports bras may be worn</b> . Students will need canvas ballet slippers, black taps & tan Bloch jazz shoes. Warm up jackets and leg warmers may be worn until warm. *Levels II, I & Company should have a Mirella leotard and black skirt for informal showings.
Level I	Ballet students must have their hair in a secure bun, wear Bloch salmon tights, and any style <b>BLACK</b> leotard. May wear skirts for pointe. Students with short hair must secure it from falling into their faces. Jazz and tap students may wear their hair in a ponytail, and wear black jazz pants, black booty shorts, or salmon tights, and any style <b>BLACK</b> color leotard. <b>Tan or black sports bras may be worn</b> . Students will need canvas ballet slippers, black taps & tan Bloch jazz shoes Warm up jackets and leg warmers may be worn until warm. * Levels II, I & Company should have a Mirella leotard and black skirt (pointe only) for informal showings.
Company	Ballet students must have their hair in a secure bun, wear Bloch salmon tights, and any style <b>BLACK</b> leotard. May wear skirts for pointe. Students with short hair must secure it from falling into their faces. Jazz and tap students may wear their hair in a ponytail, and wear black jazz pants, black booty shorts, or salmon tights, and any style <b>BLACK</b> color leotard. <b>Tan or black sports bras may be worn</b> . Students will need canvas ballet slippers, black taps & tan Bloch jazz shoes. Warm up jackets and leg warmers may be worn until warm. * Levels II, I & Company should have a Mirella leotard and black skirt (pointe only) for informal showings.
Competition	Saturday competition students may wear any solid color leotard, jazz pant/workout pants or booty shorts. Warm up jackets and leg warmers may be worn until warm. *All Competition members will have the option to purchase team jackets & warm-ups.



# *Winston-Salem Youth Ballet*

What is the Winston-Salem Youth Ballet?

The Winston-Salem Youth Ballet is designed for the dedicated dance student who desires ballet training.

Dancers in Level I & Company (ages 9-19) are invited to audition to our new program, Winston-Salem Youth Ballet. In the Winston-Salem Youth Ballet will learn and perform a hand selected classical ballet variation to be performed in our first annual Soloist Showcase in the Spring of 2021. Dancers will also have the opportunity to participate in The Youth American Grand Prix, an internationally recognized pre-professional ballet competition hosted annually here in Winston Salem. Participation in this competition is encouraged but not required to join the WSYB. Dancers would also attend a two day Festival of Dance at UNCSA (encouraged but not required) and have special guest artists teach 2-3 classes in Spring 2021 & summer. Dancers would also perform at community outreach performances when allowed. Our goal is to provide safe and effective training to keep the minds and bodies of our dancers focused on improving their technique and building self reliance. We are invested in the safety and advancement of our dancers at the Ballet and Performing Arts Centre and we want to provide them with a ballet curriculum designed for solo pre-pointe and pointe performance. Our rigorous soloist curriculum aims to create strong, disciplined and confident performers. **August 18, 2020 from 5:30-6:30. PM.** The audition fee is \$45 and you must register online. Copy and paste link into your browser: <https://www.balletandperformingartscentre.org/registration/2020-summer-registration> We would like to invite all dancers to audition for our soloist pre-pointe and pointe training program, The Winston Salem Youth Ballet. Hope to see you all there!

BPAC students who are meeting their curriculum requirements, are eligible for BPAC's Youth Ballet Company.

## **WSYB – Membership Requirements:**

**School Year Requirements:** Per week, WSYB members must take a minimum number of 4 classes: 1 Ballet Technique, one Pre-pointe/Pointe, and two Supplemental classes. Must attend a 30 minute private weekly to learn a variation. Take pod classes offered or an equivalent number of private lessons per week.

**Summer Requirements:** 25 Summer Hours, obtained through Summer Intensive and/or Private Lessons at BPAC (waived this year due to Covid 19).

**SPRING SHOWCASE SOLO, DUET, TRIO PERFORMANCE OPPORTUNITIES**  
(Exclusive to NCYB Company Members)

Dancer must currently be enrolled at BPAC with good attendance and attitude

# BPAC PROCEDURES & POLICIES FOR COVID-19

Upon entering, all staff and dancers will have a no-touch temperature reading (fever), and must bring the waiver signed to each class

2020 BPAC Waiver to be signed and brought to BPAC

\_\_\_\_\_ I certify that no one in my household has tested positive for COVID-19 in the last 14 days or that anyone in my household is displaying symptoms of COVID-19.

\_\_\_\_\_ I agree to the safety guidelines BPAC is implementing during phase 2 and confirm that I will make my child aware.

\_\_\_\_\_ I affirm that the day(s) my child is scheduled to be at BPAC, I will accurately report her temperature before leaving home as recorded below.

Is your dancer permitted to remove their face covering while dancing? (Private Instruction only) Yes No (circle one)

- Have you had a fever or cough within the past week - that is not related to allergies?
- Have you traveled outside the country within the past 10-14 days?
- Are you currently awaiting the results of a COVID19 test?
- Have you been around anyone within the past 10-14 days who had or came down with COVID-19?

\*\*person must answer "NO" to all questions to be allowed to be inside the studio.

DANCER NAME \_\_\_\_\_

TEMPERATURE \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_

- \* Anyone entering the building will be screened in the same manner as above.
- \* No lobby or other “common” areas will be open. Parents should wait outside on the sidewalk so intake/exit staff can see them (socially distanced and with a face covering on) only to drop off or pick up any dancer – regardless of age. This is for the safety of everyone
- \* Any parent/guardian dropping off or picking up dancers must have on a face covering or they cannot enter the building or gather at the entrance.
- \* **All dancers age 2 and over must have on a face covering** to enter the building and between classes. Exceptions are for those with medical circumstances that prevent covering use. Dancers will need to bring an extra mask, so they can change it if they need to. **PLEASE GO OVER THIS WITH YOUR DANCER!**
- \* Staff must wear a face covering while teaching
- \* No public use equipment can be used (mats, ballet barres, blocks, bands etc.)
- \* The studio classrooms are off limits to dancers unless they have class in that room.
- \* Dancers may not enter the building until a maximum of 5 minutes prior to their class time and must be picked up immediately following their class end time. Please be patient as we work through the intake and release process to safely get dancers in and out of the building while maintaining as much social distancing as possible. Dancers dropped off early, picked up late, or left between classes with more than a 15-minute break will be charged \$1 per minute for every 5 minutes early/late/extra, with a minimum charge of \$10.
- \* Anyone entering the building is asked to wash their hands thoroughly and sanitize before entering, and between each class or whenever needed.
  - \* Dancers/staff are remind not to shake hands, hug, give high fives, or touch in any manner before, during or after class. Staff will help enforce this policy to the extent possible during and between classes inside the studio, but it may be impossible to completely keep dancers (especially young ones) from touching each other.
  - \* All individuals should refrain from any unnecessary physical contact or close conversation with others.
    - \* Dancers are encouraged to bring their own personal water bottle (LABELED WITH THEIR NAME) with them to the studio.
    - \* Staff will modify communication and avoid up close, face to face communication or touch to correct dancers and will wear protective face covering in the classrooms while giving corrections or other verbal cues.
    - \* Any in-person training will be limited to smaller class sizes (depending on class age and room square footage) to allow for greater social distancing. Virtual options will be made available for any dancer who wants to register and not lose their spot in class but participate virtually until they are comfortable to return to in person activities. **If virtual is desired, please email [balletandperformingartscentre@gmail.com](mailto:balletandperformingartscentre@gmail.com)**
    - \* In class instruction for classes will be modified so dancers do not partner, touch, or share items and social distance as much as possible.

\* Personal training services (Privates) will practice social distancing to the extent possible. When these services require physical contact between staff and dancer, both are asked to wash hands immediately prior to and following the contact and face to face contact should be minimal.

\* Alcohol-based hand sanitizer (at least 70% alcohol) will be readily available at entry points to the facility.

\* Studios will be cleaned more frequently and with an EPA approved sanitizing solution that kills

99+% of viruses and bacteria, including influenza, staphylococcus, streptococcus, Escherichia coli, and human coronavirus to name a few. Common use areas like entries, doorknobs, etc. will be cleaned every hour with the same solution. Floors will be cleaned with the solution nightly and wiped down between classes as needed.

\* Additional front desk staff will be in place to help with the intake of dancers and the process of getting dancers back to their parent/guardian after classes.

\* Any individual showing any signs of illness (and specifically COVID-19) will be removed from the class immediately and sent home.

\* Please make sure all dancer's personal items (shoes, dance bag, coat, etc.) are labeled inside with their initials or a tag to make items easily identifiable. Until it is safer to do so there will be no "Lost & Found" or retrieval of lost items at the studio. So, CHECK YOUR DANCER'S BAGS before leaving the studio please!

\*Per CDC guidelines, if any staff or participant has been diagnosed with COVID-19 or is presumed positive by a medical professional due to symptoms, they will be excluded from program or activities until:

\*No fever for at least 72 hours since recovery (without the use of fever-reducing medicine) AND Other symptoms have improved (e.g., coughing, shortness of breath) AND At least 10 days have passed since first symptoms.

Persons at higher risk of complications from COVID-19 or other diseases should refrain from in person attendance at any event/class/rehearsal/etc. at BPAC.

\*No place or person can guarantee a 100% risk-free environment. As COVID19 and other viruses spread within our community exposure is possible. Any individual participating in any BPAC activity or entering our facility or event does so at their own risk. BPAC will do everything within reason to create a safe environment for all staff, dancers and their families, but assumes no risk of liability for injury, illness, or death as a result of any person's decision to participate.

Please allow extra time for this process and be patient as we work to follow guidelines and get dancers to and from classes in the safest manner possible.